

RECREATION THERAPY

Definition: Recreation therapy is the provision of planned treatment or therapy (i.e. health restoration, remediation, habilitation, rehabilitation) by a certified recreation therapist or a recreation therapy assistant, which uses recreation and physical/social activities as the primary medium of treatment for persons who are limited in their functional abilities due to illness, disability, maladaptation, or other conditions.

Guidelines: Far Northern Regional Center (FNRC) may purchase recreation therapy under the following conditions:

1. The service focuses on assisting the client utilize the resources of their local community to meet their needs for social interaction and physical/social activity.
2. ~~The need for this service must directly relate to the diagnosis or criteria that qualified the individual for regional center services.~~
3. The service must reflect a cost-effective use of public funds.
4. ~~The service is not available through generic services or natural supports.~~
Generic or public resources have been considered.
 - a. **In Home Supportive Services (IHSS) is exempt in this section. FNRC does not require families to exhaust IHSS hours before funding Recreation Therapy Services.**
5. ~~FNRC will not assume the family's responsibility for providing socialization opportunities and instruction for minor clients similar to what is needed for a child *without* disabilities.~~
6. ~~The Interdisciplinary (ID) Team has developed specific, measurable Individual Service Plan (ISP) objectives that can only be met through recreation therapy services.~~
7. ~~Ongoing funding of socialization training is contingent on the Interdisciplinary (ID) Team's agreement that the client is making reasonable progress on ISP objectives.~~
8. The services will be reviewed every six (6) months.

Amount Purchased: As determined on an individual basis

Approval Authority: Evaluation, up to 6 hours – Case Management Supervisor
Up to 17 hours/month – Case Management Supervisor
Over 17 hours/month – Associate Director of Client Services